

ASSOCIATED EXPERIENCES

- OBEs
- UNUSUAL PHYSIOLOGICAL EFFECTS
- SPONTANEOUS HEALINGS
- INCREASED SENSITIVITIES
- PSI PHENOMENA
- TRAUMA: PAST, PRESENT, FUTURE

1
00:00:06,920 --> 00:00:03,980
our next speaker is Dale graph I met

2
00:00:09,290 --> 00:00:06,930
Dale years and years ago where when he

3
00:00:13,280 --> 00:00:09,300
was standing in a distinguished office

4
00:00:15,200 --> 00:00:13,290
in pentagon in the DIA and since then

5
00:00:16,790 --> 00:00:15,210
he's been doing lots of things he has

6
00:00:18,769 --> 00:00:16,800
degrees in aeronautical engineering and

7
00:00:20,660 --> 00:00:18,779
physics and a career in aerospace and

8
00:00:23,000 --> 00:00:20,670
industrial intelligence with less

9
00:00:25,009 --> 00:00:23,010
government or for several years he was

10
00:00:27,800 --> 00:00:25,019
chairman of the intelligence community's

11
00:00:29,720 --> 00:00:27,810
radar and optical data working group he

12
00:00:31,099 --> 00:00:29,730
spent 30 years investigating researching

13
00:00:32,659 --> 00:00:31,109

and applying remote viewing inside

14

00:00:34,850 --> 00:00:32,669

phenomena including workshops and

15

00:00:37,850 --> 00:00:34,860

seminars and officially as the chief of

16

00:00:39,860 --> 00:00:37,860

the Stargate remote viewing unit he's

17

00:00:41,569 --> 00:00:39,870

currently independent research includes

18

00:00:43,700 --> 00:00:41,579

sigh phenomena occurring in the awake

19

00:00:46,160 --> 00:00:43,710

state or in the dream state with focus

20

00:00:48,139 --> 00:00:46,170

on precognition his published books

21

00:00:51,049 --> 00:00:48,149

include tracks in the psychic wilderness

22

00:00:53,389 --> 00:00:51,059

and river dreams please help me welcome

23

00:00:59,479 --> 00:00:53,399

dale graph oh yeah you're right thank

24

00:01:02,000 --> 00:00:59,489

you I think I'll borrow a term from

25

00:01:06,140 --> 00:01:02,010

Jerome Clark and say that I'm going to

26
00:01:08,179 --> 00:01:06,150
be examining various unusual experiences

27
00:01:10,670 --> 00:01:08,189
some of them are anomalous and some of

28
00:01:12,560 --> 00:01:10,680
their paranormal anyway where I'm going

29
00:01:14,960 --> 00:01:12,570
to be looking at is examining a

30
00:01:16,249 --> 00:01:14,970
different variety of experiences to see

31
00:01:18,620 --> 00:01:16,259
if there any common features between

32
00:01:20,630 --> 00:01:18,630
them I'm going to be looking to see if

33
00:01:23,270 --> 00:01:20,640
there's a side connection that is ESP

34
00:01:25,609 --> 00:01:23,280
telepathy remote viewing that might

35
00:01:27,410 --> 00:01:25,619
exist amongst the different experiences

36
00:01:30,310 --> 00:01:27,420
I'm going to be taking a look at the

37
00:01:32,560 --> 00:01:30,320
lucid dream on the body spectrum and the

38
00:01:36,560 --> 00:01:32,570

implications that might come from this

39

00:01:38,990 --> 00:01:36,570

my first connection with anomalous

40

00:01:41,780 --> 00:01:39,000

phenomenon occurred when I was assigned

41

00:01:44,749 --> 00:01:41,790

to the farm technology division in 1964

42

00:01:46,730 --> 00:01:44,759

and through a fortuitous coincidence I

43

00:01:48,710 --> 00:01:46,740

was sitting right next to the project

44

00:01:51,260 --> 00:01:48,720

Bluebook office and I gave me an

45

00:01:53,660 --> 00:01:51,270

opportunity to sample some of the cases

46

00:01:55,550 --> 00:01:53,670

that they had in a file I only could

47

00:01:57,709 --> 00:01:55,560

look through several hundred of the many

48

00:01:59,060 --> 00:01:57,719

thousands they had there so i can't

49

00:02:01,880 --> 00:01:59,070

really come up with a definitive

50

00:02:03,770 --> 00:02:01,890

conclusion on unlike some of the other

51
00:02:06,289 --> 00:02:03,780
committees that looked at the same data

52
00:02:08,479 --> 00:02:06,299
but i will say this i think of all the

53
00:02:10,639 --> 00:02:08,489
data that are recorded they were

54
00:02:12,589 --> 00:02:10,649
recorded in Project Blue Book and I'll

55
00:02:12,990 --> 00:02:12,599
go along with the assessment made my

56
00:02:15,030 --> 00:02:13,000
major

57
00:02:17,370 --> 00:02:15,040
Quintanilla who was the chief at a time

58
00:02:19,920 --> 00:02:17,380
that at least ten percent if not more or

59
00:02:22,260 --> 00:02:19,930
totally unexplained we just can't even

60
00:02:25,320 --> 00:02:22,270
rationalize but may have cost them at

61
00:02:29,699 --> 00:02:25,330
while i was at FTD i had the opportunity

62
00:02:32,250 --> 00:02:29,709
to sit next to the UFO hotline the phone

63
00:02:34,199 --> 00:02:32,260

which was in an end office next to me

64

00:02:36,720 --> 00:02:34,209

and occasionally I would be brought in

65

00:02:38,250 --> 00:02:36,730

to help evaluate the calls that were

66

00:02:40,410 --> 00:02:38,260

called in from the general public and

67

00:02:42,510 --> 00:02:40,420

through the years that I was sitting

68

00:02:44,880 --> 00:02:42,520

there and occasioning looking at some of

69

00:02:46,770 --> 00:02:44,890

these reports I have to say I did not

70

00:02:48,990 --> 00:02:46,780

see any that were credible they were

71

00:02:52,740 --> 00:02:49,000

usually hoaxes or misinterpretations of

72

00:02:54,960 --> 00:02:52,750

actual data nevertheless I think they're

73

00:02:56,880 --> 00:02:54,970

at least ten percent of the cases in

74

00:02:58,979 --> 00:02:56,890

that files that are truly unexplainable

75

00:03:01,080 --> 00:02:58,989

what was disappointing to me was that

76

00:03:03,120 --> 00:03:01,090

the data was rather limited there were a

77

00:03:06,300 --> 00:03:03,130

lot of questions I had but could he

78

00:03:07,979 --> 00:03:06,310

really get into it and for example there

79

00:03:10,530 --> 00:03:07,989

were incidents of out-of-body

80

00:03:12,060 --> 00:03:10,540

experiences described there were unusual

81

00:03:13,979 --> 00:03:12,070

physiological affection you've heard

82

00:03:16,229 --> 00:03:13,989

about some of them here some of the

83

00:03:18,690 --> 00:03:16,239

people that had deciding reported

84

00:03:21,210 --> 00:03:18,700

spontaneous healings afterwards some of

85

00:03:23,520 --> 00:03:21,220

them has increased sensitivities like

86

00:03:25,500 --> 00:03:23,530

when individuals report a near-death

87

00:03:28,320 --> 00:03:25,510

experience and of course there's ample

88

00:03:30,600 --> 00:03:28,330

examples of sign phenomenon in there but

89

00:03:32,550 --> 00:03:30,610

I also noticed in the cases I look at

90

00:03:34,590 --> 00:03:32,560

and also with people that I met in the

91

00:03:36,240 --> 00:03:34,600

community and began exploring this with

92

00:03:38,850 --> 00:03:36,250

people locally in a dayton ohio area

93

00:03:42,000 --> 00:03:38,860

that some of the experiences had trauma

94

00:03:43,530 --> 00:03:42,010

in their lives either past even present

95

00:03:47,580 --> 00:03:43,540

or some future trauma and i have

96

00:03:50,819 --> 00:03:47,590

examples later my interest sort of died

97

00:03:52,710 --> 00:03:50,829

off about 1968 when i was transferred to

98

00:03:57,060 --> 00:03:52,720

hickam air force base and i lost

99

00:03:59,970 --> 00:03:57,070

interest in the field until i had a near

100

00:04:02,009 --> 00:03:59,980

drowning experience in Hawaiian surf and

101
00:04:04,410 --> 00:04:02,019
when I came back from that experience I

102
00:04:07,319 --> 00:04:04,420
found that the boundaries that I had

103
00:04:09,449 --> 00:04:07,329
between consciousness and awake had

104
00:04:11,729 --> 00:04:09,459
totally dissolved I was able to go

105
00:04:14,250 --> 00:04:11,739
directly from the awake state into the

106
00:04:17,819 --> 00:04:14,260
dream state without ever going to sleep

107
00:04:20,430 --> 00:04:17,829
so suddenly I become aware of being in a

108
00:04:22,860 --> 00:04:20,440
dream and years later I learned that

109
00:04:24,750 --> 00:04:22,870
does a yoga technique called dream yoga

110
00:04:26,790 --> 00:04:24,760
where they spent years trying to achieve

111
00:04:28,619 --> 00:04:26,800
that particular ability

112
00:04:30,420 --> 00:04:28,629
so this gave me an opportunity to study

113
00:04:33,119 --> 00:04:30,430

lucid dreams and the outer body

114

00:04:34,499 --> 00:04:33,129

experience in great detail located

115

00:04:36,629 --> 00:04:34,509

people in the community that could do

116

00:04:38,999 --> 00:04:36,639

the same and as we worked with this

117

00:04:40,740 --> 00:04:39,009

material I found it a lot of archetypal

118

00:04:43,050 --> 00:04:40,750

material in there for those familiar

119

00:04:45,180 --> 00:04:43,060

with CG Jung and the collective

120

00:04:47,460 --> 00:04:45,190

unconscious you'll know what i mean but

121

00:04:50,219 --> 00:04:47,470

just basically symbols that don't have a

122

00:04:53,249 --> 00:04:50,229

personal connection that go back in time

123

00:04:56,640 --> 00:04:53,259

historic into ancient myths mythology

124

00:04:58,980 --> 00:04:56,650

whatever and I also experienced a lot of

125

00:05:01,200 --> 00:04:58,990

archetypal and symbolic dreams but they

126

00:05:03,839 --> 00:05:01,210

had to do with the symbols ground

127

00:05:06,240 --> 00:05:03,849

symbols disks and whatever which I

128

00:05:08,100 --> 00:05:06,250

associated with like the mandala a

129

00:05:10,469 --> 00:05:08,110

symbol of connectedness to my

130

00:05:13,080 --> 00:05:10,479

subconscious mind and integration was

131

00:05:15,330 --> 00:05:13,090

going on between my consciousness and my

132

00:05:17,249 --> 00:05:15,340

sub consciousness as I worked with

133

00:05:19,350 --> 00:05:17,259

people I found it we hack she shared all

134

00:05:21,600 --> 00:05:19,360

our mutual dreams whether we wanted to

135

00:05:23,610 --> 00:05:21,610

or not and we experienced a lot of

136

00:05:25,890 --> 00:05:23,620

telepathy and precognition this is

137

00:05:27,450 --> 00:05:25,900

during a time frame in the early 1970s

138

00:05:29,580 --> 00:05:27,460

when I started to take a deep look at

139

00:05:32,010 --> 00:05:29,590

this one of the interesting things that

140

00:05:33,959 --> 00:05:32,020

I found was a losa was that we're really

141

00:05:36,330 --> 00:05:33,969

looking at dreams but sometimes wake up

142

00:05:38,339 --> 00:05:36,340

and there was the dream image still in

143

00:05:40,110 --> 00:05:38,349

the room had it not been for the fact

144

00:05:41,820 --> 00:05:40,120

that we remembered a dream we were to

145

00:05:44,459 --> 00:05:41,830

said that was an apparition or a ghost

146

00:05:46,830 --> 00:05:44,469

and this dream image that remained as we

147

00:05:49,110 --> 00:05:46,840

woke up momentarily could be frightening

148

00:05:51,180 --> 00:05:49,120

if we didn't know we had a dream could

149

00:05:53,790 --> 00:05:51,190

be an in person and animal or a thing

150

00:05:56,040 --> 00:05:53,800

there are also times when we had false

151
00:05:57,570 --> 00:05:56,050
awakenings you know you wake up into a

152
00:05:59,399 --> 00:05:57,580
dream you think you're awake but you're

153
00:06:02,189 --> 00:05:59,409
not I'm going to show how to get rid of

154
00:06:04,890 --> 00:06:02,199
that symbol we also experienced sleep

155
00:06:06,450 --> 00:06:04,900
analysis and sleep paralysis where there

156
00:06:08,339 --> 00:06:06,460
are times you wake up and you're totally

157
00:06:11,219 --> 00:06:08,349
paralyzed you can't move it's a very

158
00:06:13,950 --> 00:06:11,229
unsettling experience and during this

159
00:06:16,709 --> 00:06:13,960
time we also found that as we worked

160
00:06:19,529 --> 00:06:16,719
with dreams are waking imagery that was

161
00:06:21,180 --> 00:06:19,539
very clear and as we experiment with

162
00:06:23,519 --> 00:06:21,190
different projects we found that was

163
00:06:25,409 --> 00:06:23,529

very easy to go from a dream state to a

164

00:06:27,240 --> 00:06:25,419

conscious state particularly when we

165

00:06:29,580 --> 00:06:27,250

were trying to describe remote scenes or

166

00:06:32,249 --> 00:06:29,590

pictures that were concealed another

167

00:06:34,619 --> 00:06:32,259

thing that I found was that the more

168

00:06:37,589 --> 00:06:34,629

intense you became the more intense

169

00:06:39,629 --> 00:06:37,599

intensity or intentionality that you put

170

00:06:40,559 --> 00:06:39,639

into the success of the project the

171

00:06:42,779 --> 00:06:40,569

experiment

172

00:06:44,939 --> 00:06:42,789

the more vivid imagery and here's where

173

00:06:47,249 --> 00:06:44,949

I made some mistakes early on some of my

174

00:06:50,070 --> 00:06:47,259

target material was far too emotional

175

00:06:52,379 --> 00:06:50,080

and the individual on the other end the

176

00:06:54,449 --> 00:06:52,389

receiving end of the dream or their

177

00:06:57,629 --> 00:06:54,459

waking state experience would end up

178

00:07:00,029 --> 00:06:57,639

with severe physical symptoms in some

179

00:07:02,429 --> 00:07:00,039

cases a picture with somebody being

180

00:07:04,350 --> 00:07:02,439

stabbed by sword would convert directly

181

00:07:07,379 --> 00:07:04,360

to a black and blue mark on the arm of

182

00:07:09,570 --> 00:07:07,389

the individual because we had actually

183

00:07:11,399 --> 00:07:09,580

gone maybe he spent too much energy and

184

00:07:13,709 --> 00:07:11,409

trying to connect with that distant

185

00:07:15,899 --> 00:07:13,719

target I know I had an experience when

186

00:07:17,999 --> 00:07:15,909

time in a double-blind where the picture

187

00:07:20,760 --> 00:07:18,009

was a Holocaust somebody being injected

188

00:07:22,709 --> 00:07:20,770

with poison and I woke up from a

189

00:07:25,589 --> 00:07:22,719

horrible dream actually thinking I was

190

00:07:27,029 --> 00:07:25,599

dying I went to the bathroom sick and it

191

00:07:29,219 --> 00:07:27,039

took me a 10 minutes to get over that

192

00:07:31,649 --> 00:07:29,229

sickness so it's possible to really get

193

00:07:33,809 --> 00:07:31,659

absorbed into the target material and

194

00:07:36,179 --> 00:07:33,819

take on the physical symptoms even to

195

00:07:38,100 --> 00:07:36,189

the point we actually see the marks now

196

00:07:40,379 --> 00:07:38,110

I've also been aware of the staring

197

00:07:42,269 --> 00:07:40,389

experiments these are mild compared to

198

00:07:43,769 --> 00:07:42,279

some of the more intense physiological

199

00:07:45,659 --> 00:07:43,779

ones that I've experienced with my

200

00:07:48,239 --> 00:07:45,669

colleagues over the years I was but

201
00:07:51,299 --> 00:07:48,249
participant in the S or I am staring

202
00:07:54,149 --> 00:07:51,309
experiment I was in Russia in 1993 and

203
00:07:56,730 --> 00:07:54,159
observed the Russian experiment in a

204
00:07:58,409 --> 00:07:56,740
similar project of a staring which was

205
00:08:00,779 --> 00:07:58,419
actually more intense than we did in

206
00:08:03,149 --> 00:08:00,789
this country now I've explored the

207
00:08:05,429 --> 00:08:03,159
experiences I have three here that are

208
00:08:06,959 --> 00:08:05,439
really the intense ones over the

209
00:08:09,989 --> 00:08:06,969
ten-year period that I really looked at

210
00:08:11,459 --> 00:08:09,999
this one was the alien threat a woman

211
00:08:13,469 --> 00:08:11,469
contractor being said that there was an

212
00:08:15,839 --> 00:08:13,479
alien of grey coming into her bedroom

213
00:08:18,359 --> 00:08:15,849

was shape-shifted and looked like an

214

00:08:20,009 --> 00:08:18,369

evil demon well the more I talked to her

215

00:08:22,679 --> 00:08:20,019

the more I realized this sounded more

216

00:08:26,069 --> 00:08:22,689

like an archetype or something some kind

217

00:08:27,929 --> 00:08:26,079

of threat together we worked on a mutual

218

00:08:30,659 --> 00:08:27,939

dreaming and we were able to identify

219

00:08:32,759 --> 00:08:30,669

that does alien was actually the face

220

00:08:34,350 --> 00:08:32,769

the shape-shifted into the face of

221

00:08:37,740 --> 00:08:34,360

somebody that threatened her many years

222

00:08:40,170 --> 00:08:37,750

ago and we wondered why the dream

223

00:08:41,819 --> 00:08:40,180

occurred now when it turned out that he

224

00:08:44,040 --> 00:08:41,829

had called he called her color days

225

00:08:46,350 --> 00:08:44,050

later says he was then prepared to deal

226

00:08:48,210 --> 00:08:46,360

with the approaching threat there were

227

00:08:50,040 --> 00:08:48,220

two other traumas that I worked with it

228

00:08:51,420 --> 00:08:50,050

was time the people in the community

229

00:08:54,170 --> 00:08:51,430

that had to do with poltergeist

230

00:08:56,329 --> 00:08:54,180

phenomena and in one case we down

231

00:08:58,190 --> 00:08:56,339

five to the source of the outbreak with

232

00:09:00,230 --> 00:08:58,200

a traumatic incident that happened in a

233

00:09:02,360 --> 00:09:00,240

woman's childhood when her mother tried

234

00:09:04,910 --> 00:09:02,370

to suffocate her and whenever her

235

00:09:07,790 --> 00:09:04,920

mother's birthday came around she had

236

00:09:10,490 --> 00:09:07,800

his poltergeist outbreak objects flew

237

00:09:12,560 --> 00:09:10,500

around the room in her house in another

238

00:09:15,139 --> 00:09:12,570

case it was a future trauma where the

239

00:09:16,550 --> 00:09:15,149

woman experienced polygon story of a

240

00:09:19,550 --> 00:09:16,560

trauma that she would learn about the

241

00:09:21,019 --> 00:09:19,560

next day now in all the work I've done

242

00:09:23,750 --> 00:09:21,029

over the years I've been looking at

243

00:09:27,620 --> 00:09:23,760

different experiences that meditators

244

00:09:30,410 --> 00:09:27,630

people are going into fasting people

245

00:09:32,269 --> 00:09:30,420

that experience the Kundalini phenomenon

246

00:09:35,120 --> 00:09:32,279

which sometimes occurs through

247

00:09:37,910 --> 00:09:35,130

meditation I've talked to epileptics

248

00:09:40,550 --> 00:09:37,920

people have seizures I've talked to the

249

00:09:43,070 --> 00:09:40,560

synesthesia people suffering from cross

250

00:09:45,290 --> 00:09:43,080

senses a whole host of people that have

251

00:09:47,030 --> 00:09:45,300

different kinds of experiences and these

252

00:09:49,639 --> 00:09:47,040

are some of the common experiences they

253

00:09:52,040 --> 00:09:49,649

view the report as a rotating spinning

254

00:09:54,380 --> 00:09:52,050

feeling their tunnels their vortexes the

255

00:09:57,019 --> 00:09:54,390

tubes that get drawn into the strong

256

00:09:59,180 --> 00:09:57,029

electric and magnetic sensations their